

# Let's make a three-minute speech!～スピーチ原稿例～

## Title: Three Meals a Day!?

### Self-introduction:

A: Hi, my name is A.

B: Hi, my name is B.

### I. Introduction(序論)

Introduction:

A: Do you eat three meals properly? As for me, I usually don't eat breakfast, but my mother often tells me to eat it for my health. On the other hand my partner eats breakfast properly. How about you? Do you eat three meals a day?  
(45 語)

### II. Body(本論)

Fact:

B: According to a survey in 2006 by Ministry of Health, Labour and Welfare(厚生労働省), about 15 % of young people who are 15 to 19 years old don't eat breakfast. What is worse, about 30 % of young adults in their 20's don't eat it.(44 語)

Problem:

B: Ministry of Health, Labor and Welfare encourages us to eat about 30 kinds of food a day. It must be difficult to eat 30 items without breakfast. If you try to eat 30 kinds of food in two meals, it is also bad for your digestion.(46 語)

### III. Conclusion(結論)

Opinion:

A: In our opinion, we think that we should eat three meals a day for our health. So, I'll try to eat breakfast now. Please eat three meals a day properly and enjoy eating! Thank you for listening! (37 語)

#### Topic 例

- Is a cell phone really useful?
- Why didn't Yomiuri Giants win the league final?
- How to make your girlfriend/boyfriend.
- Is English necessary?
- How can we reduce garbage?
- To become a better tennis player!
- Do you like wearing uniforms?

#### 全体の注意事項

- スピーチは3分間
- 事実も問題も1つか2つまでにしよう。
- できるだけみんなにわかる単語で書きましょう。

#### 全体の流れ上の注意

**Body:Facts:**事実でデータ等を使うなら、信頼性の高いものを利用

\* 出典を明らかにすること。

例) According to the Ministry of Education, Culture, Sports, Science and Technology(文科省),

**Body:Problems:**問題を具体的に紹介する

\* 問題が1つ、2つに絞れないときは・・・

There a lot of problems for \_\_\_\_\_. Take a look at one of them.

などの表現をして絞るとよい

**Conclusion:Opinion:**自分たちの意見を簡潔にまとめる

- \* In our/my opinion,
- \* In conclusion, we think that .....
- \* I personally think that ...

## Let's make a three-minute speech!

Name: \_\_\_\_\_

Title: \_\_\_\_\_

### Self-introduction:

A: Hi, my name is \_\_\_\_\_.

B: Hi, my name is \_\_\_\_\_.

### I. Introduction(序論) Introduction:

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### II. Body(本論)

Fact:

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Problem:

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### III. Conclusion(結論) Opinion:

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### ☆よりよいプレゼンテーションのために☆

プレゼンテーションは7日(水)5限[3階 数学演習室]と8日(木)1限[24教室]の2日間で実施します。評価は、教師による評価、クラスメイトの評価、自己評価の3点から実施します。

教師およびクラスメイトの評価の観点

1. 内容の興味深さ・わかりやすさ
2. 内容を覚えていること(必ずしも暗記ではありません)
3. 大きな声
4. アイ・コンタクト
5. PowerPointの出来映え
6. 聴衆を惹きつける工夫(問いかけ、ジェスチャー、スマイル、積極性等)

※ペアでしっかり分担してください。

※原稿は前にもっていきませんのでしっかり内容を覚えてください。原稿の表現をそのまま使わなくてもいいです。むしろ、

※内容から自分の言葉で言えた方がより評価されます。

※とにかく大きな声で、伝えようとする意欲をもってください。

※聴衆を惹きつける工夫をしてください。

**10月31日 提出期限厳守！！**